

Field	Pos	PIC	Bib #	First Name	Last Name	Team	Class	Total Time
Adult Duathlon	1	1	92	Andy	Zabel		M 30 - 39	04:20.3
Adult Duathlon	2	1	82	Spencer	Uetz		M 20 - 29	04:50.1
Adult Duathlon	3	1	93	Chris	Hagen		M 40 - 49	07:11.5
Adult Duathlon	4	2	54	John	Loquai		M 30 - 39	07:21.1
Adult Duathlon	5	1	79	Joseph	Schneiderhan		M 50 - 59	07:59.7
Adult Duathlon	6	2	25	Rob	Madgwick		M 50 - 59	08:39.7
Adult Duathlon	7	3	34	kurt	devine		M 50 - 59	11:03.0
Adult Duathlon	8	4	77	Robbie	Halvorson		M 50 - 59	11:11.3
Adult Duathlon	9	2	32	Jordan	Rheault		M 20 - 29	12:33.7
Adult Duathlon	10	3	16	Aaron	Bumgarner		M 30 - 39	12:36.2
Adult Duathlon	11	1	139	Jaci	Loween	Team Loween	Relay	12:48.5
Adult Duathlon	11	1	140	Mike	Loween	Team Loween	Relay	12:48.5
Adult Duathlon	12	2	110	Wanda	Gau	Galloping Grandparents	Relay	14:14.6
Adult Duathlon	12	2	111	Michael	Sjogren	Galloping Grandparents	Relay	14:14.6
Adult Duathlon	13	3	120	Reece	Stephens	Team Stephens	Relay	15:31.5
Adult Duathlon	13	3	121	Kathy	Stephens	Team Stephens	Relay	15:31.5
Adult Duathlon	14	1	48	Bryan	Swenson		M 60 - 69	16:16.9
Adult Duathlon	15	3	37	BLAKE	STEINBRING		M 20 - 29	17:34.9
Adult Duathlon	16	4	118	Jill	Silvernail	Short and Curt	Relay	18:03.7
Adult Duathlon	16	4	119	Curt	Karolus	Short and Curt	Relay	18:03.7
Adult Duathlon	17	5	122	Adam	Konczewski	Emiliana+Adam	Relay	18:46.2
Adult Duathlon	17	5	123	EMILIANA	COFELL	Emiliana+Adam	Relay	18:46.2
Adult Duathlon	18	4	72	Ryan	Hughes		M 30 - 39	18:50.2
Adult Duathlon	19	5	30	Scott	Eide		M 50 - 59	18:55.1
Adult Duathlon	20	5	46	Bryce	Swenson		M 30 - 39	19:25.5
Adult Duathlon	21	1	69	Vanessa	Nagel		F 30 - 39	19:42.5
Adult Duathlon	22	6	129	Joe	Klein	Class of 79	Relay	19:50.3
Adult Duathlon	22	6	130	Bill	Molitor	Class of 79	Relay	19:50.3
Adult Duathlon	23	1	13	Cindy	Lewandowski		F 50 - 59	21:00.3
Adult Duathlon	24	6	3	Randy	Dehmer		M 30 - 39	22:13.0
Adult Duathlon	25	1	23	Pam	Stevens		F 60 - 69	24:13.0
Adult Duathlon	26	2	29	Jennifer	Olson		F 30 - 39	24:18.5
Adult Duathlon	27	7	144	Scott	Johnston	Haberman--Johnston	Relay	24:40.1
Adult Duathlon	27	7	145	Craig	Haberman	Haberman--Johnston	Relay	24:40.1
Adult Duathlon	28	3	15	Jodi	Johnson		F 30 - 39	25:05.7
Adult Duathlon	29	2	47	Judith	Peters		F 50 - 59	25:22.3
Adult Duathlon	30	2	89	Lance	Westerlund		M 40 - 49	25:30.5
Adult Duathlon	31	3	1	Steven	Chell		M 40 - 49	25:43.5
Adult Duathlon	32	4	56	Jessi	Paul		F 30 - 39	26:08.9

Adult Duathlon	33	7	84	Justin	Rausch		M 30 - 39	26:41.1
Adult Duathlon	34	8	6	Jason	Berg		M 30 - 39	27:05.9
Adult Duathlon	35	5	49	Kari	Osmondson		F 30 - 39	27:15.2
Adult Duathlon	36	1	19	Chris	Nehring		F 40 - 49	27:43.3
Adult Duathlon	37	9	80	Anthony	Zimny		M 30 - 39	27:55.9
Adult Duathlon	38	4	74	Pete	Bright		M 40 - 49	28:23.6
Adult Duathlon	39	1	58	Hayden	Netland		M 11 - 14	28:28.8
Adult Duathlon	40	6	27	Sarah	Branstad		F 30 - 39	28:35.3
Adult Duathlon	41	8	135	Christie	Nohre	Weisser	Relay	28:51.6
Adult Duathlon	41	8	136	Amy	Weisser	Weisser	Relay	28:51.6
Adult Duathlon	42	9	116	Dave	Staples	Stapolik Brothers	Relay	29:05.2
Adult Duathlon	42	9	117	Gary	Sabolik	Stapolik Brothers	Relay	29:05.2
Adult Duathlon	43	6	62	KLARK	LARSON		M 50 - 59	29:23.0
Adult Duathlon	44	2	31	Dina	Khaled		F 40 - 49	29:40.6
Adult Duathlon	45	10	146	Paul	Ford	ford/vogel	Relay	30:03.6
Adult Duathlon	45	10	147	Audra	Vogel	ford/vogel	Relay	30:03.6
Adult Duathlon	46	4	59	Alex	Haack		M 20 - 29	30:10.5
Adult Duathlon	47	7	53	craig	knodle		M 50 - 59	30:58.8
Adult Duathlon	48	11	112	Mark	Klaverkamp	Worst Pace Scenario	Relay	31:11.5
Adult Duathlon	48	11	113	Paula	Andrist	Worst Pace Scenario	Relay	31:11.5
Adult Duathlon	49	3	8	Jodi	Reddan		F 40 - 49	31:25.4
Adult Duathlon	50	7	64	Heather	Remer		F 30 - 39	31:30.3
Adult Duathlon	51	12	124	Jon	Wolff	F.A.T. (Fun. Attractive. Toys.)	Relay	32:33.2
Adult Duathlon	51	12	125	Dave	Parsons	F.A.T. (Fun. Attractive. Toys.)	Relay	32:33.2
Adult Duathlon	52	4	65	Karen	Johnson		F 40 - 49	32:53.7
Adult Duathlon	53	1	76	John	Pokorney		M 70+	33:22.7
Adult Duathlon	54	2	24	Daryl	Stevens		M 70+	33:37.1
Adult Duathlon	55	1	60	Amanda	Haack		F 15 - 19	34:09.6
Adult Duathlon	56	5	55	Amy	BRAIG-Lindstrom		F 40 - 49	34:22.6
Adult Duathlon	57	8	66	Erin	Ross		F 30 - 39	34:39.0
Adult Duathlon	58	10	21	Josh	Ihrke		M 30 - 39	34:46.4
Adult Duathlon	59	9	44	Dani	Waltzing		F 30 - 39	34:47.7
Adult Duathlon	60	13	105	Nadeen	Berzins	""We don't do Cardio""	Relay	35:24.1
Adult Duathlon	60	13	106	Eric	Fiedler	""We don't do Cardio""	Relay	35:24.1
Adult Duathlon	61	10	20	Camie	Ihrke		F 30 - 39	35:28.4
Adult Duathlon	62	14	103	Rachel	Parks	TEAM JO AND MAMA LOU	Relay	36:15.9

Adult Duathlon	62	14	104	Josie	Parks	TEAM JO AND MAMA LOU	Relay	36:15.9
Adult Duathlon	63	11	26	Jesse	Branstad		M 30 - 39	36:37.6
Adult Duathlon	64	1	4	Erin	Egerman		F 20 - 29	36:56.4
Adult Duathlon	65	5	39	Vince	Beacom		M 20 - 29	37:04.8
Adult Duathlon	66	15	141	Vicki	Johnston	Short Stacks	Relay	37:35.2
Adult Duathlon	66	15	142	Kelly	Bumgarner	Short Stacks	Relay	37:35.2
Adult Duathlon	66	15	143	Kayla	Roske	Short Stacks	Relay	37:35.2
Adult Duathlon	67	11	67	Melissa	Kleinschmidt		F 30 - 39	37:41.3
Adult Duathlon	68	8	68	Tom	Zemke		M 50 - 59	37:48.6
Adult Duathlon	69	6	95	Kimberly	Kasper		F 40 - 49	37:58.4
Adult Duathlon	70	12	63	Seth	Tollefson		M 30 - 39	38:29.5
Adult Duathlon	71	16	114	Keaton	sjogren	Remembering John	Relay	39:20.9
Adult Duathlon	71	16	115	Ray	sjogren	Remembering John	Relay	39:20.9
Adult Duathlon	72	17	107	Olivia	Cole	2 hot Coles and a chicken	Relay	39:23.2
Adult Duathlon	72	17	108	Nate	Cole	2 hot Coles and a chicken	Relay	39:23.2
Adult Duathlon	72	17	109	Dylan	Olson	2 hot Coles and a chicken	Relay	39:23.2
Adult Duathlon	73	9	78	steven	ess		M 50 - 59	39:40.7
Adult Duathlon	74	13	81	jay	winter		M 30 - 39	39:54.3
Adult Duathlon	75	2	50	Rick	Rangel		M 60 - 69	39:59.8
Adult Duathlon	76	10	94	Patrick	Gromatka		M 50 - 59	40:03.9
Adult Duathlon	77	6	83	Jacob	Haack		M 20 - 29	40:55.5
Adult Duathlon	78	7	42	Michelle	Johnson		F 40 - 49	41:51.8
Adult Duathlon	79	8	41	Liane	Mauch		F 40 - 49	41:51.9
Adult Duathlon	80	3	73	Jane	Hutzol		F 50 - 59	41:54.8
Adult Duathlon	81	14	91	David	Dah		M 30 - 39	42:10.0
Adult Duathlon	82	15	57	Phillip	Paul		M 30 - 39	42:50.6
Adult Duathlon	83	18	126	Camryn	Mithun	CRR	Relay	42:56.9
Adult Duathlon	83	18	127	Robyn	Snider	CRR	Relay	42:56.9
Adult Duathlon	83	18	128	Randy	Mithun	CRR	Relay	42:56.9
Adult Duathlon	84	9	17	Tamara	Hagstrom		F 40 - 49	43:38.2
Adult Duathlon	85	2	96	Thomas	Klecker		M 11 - 14	44:38.7
Adult Duathlon	86	10	40	Jessica	Rugland		F 40 - 49	45:07.7
Adult Duathlon	87	12	85	Jennifer	Cole		F 30 - 39	45:31.6
Adult Duathlon	88	11	86	Rachel	Olson		F 40 - 49	45:31.6
Adult Duathlon	89	16	45	Josh	Waltzing		M 30 - 39	45:37.9
Adult Duathlon	90	4	71	Monica	Cofell		F 50 - 59	45:52.3
Adult Duathlon	91	19	133	Bob	Zacher	Zacher	Relay	45:52.7
Adult Duathlon	91	19	134	Missy	Netland	Zacher	Relay	45:52.7
Adult Duathlon	92	5	43	Caryn	Klosterman		F 50 - 59	45:55.7
Adult Duathlon	93	13	38	Nicki	Pieper Vogt		F 30 - 39	47:20.6
Adult Duathlon	94	17	90	Corey	Davis		M 30 - 39	47:38.7
Adult Duathlon	95	14	36	Bonnie	Parsons		F 30 - 39	48:53.5

Adult Duathlon	96	20	137	Karen	Hartke	F.A.B.	Relay	51:34.5
Adult Duathlon	96	20	138	Anastacia	Wolff	F.A.B.	Relay	51:34.5
Adult Duathlon	97	15	87	Katy	Hausmann		F 30 - 39	51:54.4
Adult Duathlon	98	2	12	Anika	Thill		F 20 - 29	56:32.9
Adult Duathlon	99	11	18	Tom	Struthers		M 50 - 59	56:34.6
Adult Duathlon	100	3	10	Karlie	Willenbring		F 20 - 29	03:29.6
Adult Duathlon	101	21	101	Jose	Gonzalez Blanco	The Gonzalez Blancos	Relay	04:37.7
Adult Duathlon	101	21	102	Sarah	Gonzalez Blanco	The Gonzalez Blancos	Relay	04:37.7
Adult Duathlon	102	12	61	ANGELINA	LARSON		F 40 - 49	06:12.6
Adult Duathlon	103	6	51	Karrie	Thies		F 50 - 59	06:12.7
Adult Duathlon	104	16	75	Alana	Podratz		F 30 - 39	11:39.6
Adult Duathlon	105	22	131	Debbie	Bemboom	D&B	Relay	15:01.3
Adult Duathlon	105	22	132	Bev	Soukup	D&B	Relay	15:01.3
Adult Duathlon	999	12	7	Scott	Christiansen		M 50 - 59	57:53.0
Adult Duathlon	999	5	22	Trinayani	Freeberg		F 20 - 29	57:53.3
Adult Duathlon	999	4	2	Kate	Struthers		F 20 - 29	35:04.7